

February 2014

Hidden Valley Community Preschool

Monday

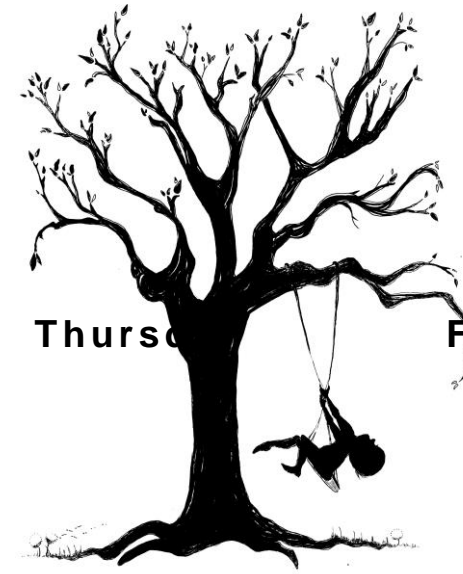
Tuesday

Wednesday

Thursday

Friday

All Lunches are served with Organic milk and green salad (romaine lettuce, Spinach, ranch dressing) and fresh seasonal vegetables that vary depending on what is available.



Pinto Beans **3**
Brown Rice
Cheese

Cheese Pizza **4**
Whole wheat crust

Bee Bim Bop **5**
Eggs
Brown Rice
Carrots

Macaroni and Cheese **6**

Baked Chicken **7**
Garlic Bread

School Closed **10**

Burritos **11**
Ground Turkey
Cheese
Beans

Turkey Burgers **12**

Spring roll **13**
Tofu Bowls

Grilled Cheese **14**
Sandwich
Tomato Soup

School Closed **17**

Taco Salad **18**
Ground Turkey
Beans
Tomato

Pho chicken Soup **19**

Tortellini-Cheese **20**

Spaghetti **21**
Ground Turkey
Whole wheat noodles

Baked Chicken **24**
Mashed Potatoes
Garlic Bread

Grilled Cheese **25**
Sandwich
Tomato Soup

Pesto Tortellini **26**
Cheese

Quesadilla **27**
Pinto Beans

Bee Bim Bop
Eggs
Brown Rice
Carrots

Snack Menu

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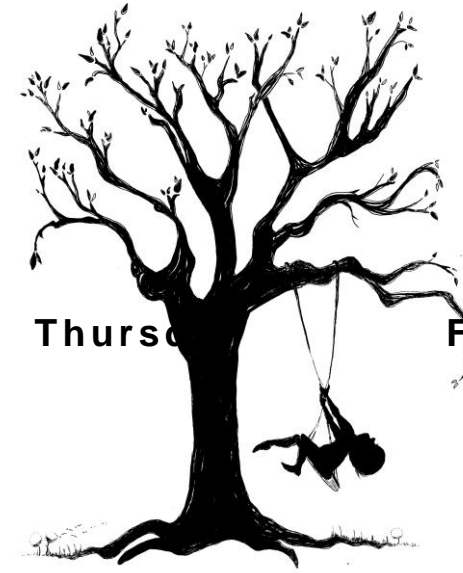
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All Snacks are served with fruit based on what is seasonally available
An alternative item will be provided for those with dietary restrictions.

Toast with Jelly 3	Pancakes 4	Yogurt 5	Cinnamon toast 6	Trail mix 7
Pancakes	Cinnamon bread	Sticky Rice and Seaweed	Banana Pancakes	Muffins
School Closed 10	Yogurt 11	Quesadillas 12	Waffles 13	Pancakes 14
	Cinnamon tortillas	Popcorn	Toast with Jelly	Trail Mix
School Closed 17	Pancakes 18	Cinnamon bread 19	Sticky Rice and Seaweed 20	Banana Pancakes 21
	Pancakes	Yogurt	Cinnamon toast	Trail mix
Cinnamon tortillas 24	Popcorn 25	Toast with Jelly 26	Trail Mix 27	
Yogurt	Quesadillas	Waffles	Pancakes	